

Vital Signs

Blue Ridge Regional Hospital Newsletter



June 2011

Don't miss the employee health fair on June 21, 2011. This health fair is for employees only and will include information from local agencies, oral health, free massages and much more!



Joint Commission Inspection

Inspectors from The Joint Commission visited Blue Ridge Regional Hospital and Blue Ridge Home Care on May 9th through May 13th.

Surveyors reported **NO** findings from Blue Ridge Home care and only four direct and eight indirect findings for the hospital. **The Joint Commission inspection was a success!**

Congratulations to everyone for a job well done!

How do you report an Employee Injury?

Sometimes injuries happen on the job, even when all safety precautions are taken. When you or a co-worker experiences an injury on the job how do you report that injury?

If you or a co-worker is injured on the job you must first **report that injury to your supervisor and the Employee Health Nurse.**

All work-related injuries must be reported to the supervisor and Employee Health Nurse within 48 hours of the injury occurring.

Employee injuries should be reported through the Risk Master NOT CPSI.

All employee injuries need to be submitted to the Employee Health Nurse. Employees will then receive follow-up contact through their email.

Employees must check their email frequently after reporting an injury. If you have questions about reporting employee injuries please contact the Employee Health office at 828-766-1599.



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Congrats, Grads!

Congratulations to all the high school and college graduates of 2011!

Vince Bellington, son of Terrie Bellington graduated from Mitchell High School. Vince plans to attend Mayland in the fall.



Asia Lynn Nicole Edwards, niece of Jean and Randal Edwards. Asia graduated from Mountain Heritage High School.



Samantha Rita Marie Hartnell, niece of Jean and Randal Edwards. Samantha graduated from Mountain Heritage High School.



Niklaas "Jacob" Hundley, son of Jake and Angela Hundley (OB and OBS) and grandson of Eddie (formerly of Radiology) and Donna Sparks graduated with honors from Mitchell High School. He will be attending Appalachian State University in the fall. He plans to pursue a degree in Psychology.



Samantha Jones, daughter of Greg and Sylvia Jones. Samantha graduated from Mitchell High School and plans to attend ETSU to pursue a degree in Nursing.



Shealeigh Garland Porshia, daughter of Deb Garland graduated from Mayland College with an Associates in Human Services.

Nicolas Tallent, grandson of Barbara Hasty, graduated from Metter Georgia High School. Nicolas plans to attend UGA for a degree in Engineering.



Phillip Wood, son of Tammy Wood. Phillip will graduate from T.C. Robertson High School on June 11, 2011.

Volunteer Vitals

The Blue Ridge Regional Hospital Volunteer Scholarship Committee is pleased to announce the 2011 scholarship recipients:



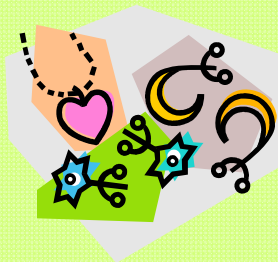
Lacey Blevins, daughter of Pam Blevins
Amber Clark, daughter of Susan Clark
Casey Duncan, daughter of Wendy Duncan
Jacob Hundley, daughter of Angela Hundley
Courtney Huskins, daughter of Deb Huskins
Casey Jones, daughter of Pam Jones
Bridgette Poore, Med-Surg employee

Congratulations to all scholarship recipients!

This was the 10th annual distribution of scholarships and to date **the committee has awarded \$55,800 in scholarships to 49 recipients!**

The Volunteers would like to thank the staff and community for their support in making these scholarships happen. The staff and community support of volunteer fundraisers benefit the scholarship fund.

Don't forget the next Volunteer Scholarship Fundraiser, the \$5 Jewelry Sale. The sale begins at 7pm on June 12th and goes "Around the Clock" until 3pm on Monday June 13th. The sale will take place in the Main Lobby at BRRH.



Kudos Corner

"We in Health Information Management would like to send a giant Kudos to Jan for her hard work and determination. She somehow managed to go to nursing school full time while fulfilling the responsibilities of a full time coding coordinator as well as raising a family. Congratulations Janice Grindstaff, RN!"

- Health Information Management Department

Would you like to send a "Kudos" to someone? Contact Allison Grindstaff at 766-1752 or allison.grindstaff@msj.org.

Did you know?

Any health insurance plan through Mission covers preventative benefits at 100% of the cost for in-network providers.



This means that you can have annual wellness visits/screenings/exams at no cost to you!

Preventive Benefits that are covered include:

- Annual Physical (one exam per calendar year)
- Annual Wellness Lab: Comprehensive Metabolic Panel (CBC with Diff, TSH), Lipid Panel, Urinalysis.
- GYN Exam (one per calendar year)
- Well Baby

Continued on page 4...

Did you know continued from page 3...

- Immunizations
- Mammogram (one per calendar year preventative or diagnostic)

- This means that you could have your mammogram in our beautiful



new Women's Imaging Center at no cost to you! If you would like to see the Women's Imaging Center just talk to the ladies in Radiology and ask to be taken through.

- PSA (one per calendar year)
- Screening for Colorectal Cancer (annually, age 40+)
- Sigmoidoscopy (age/frequency limits)
- Colonoscopy (age 50, age 40 if family history)
- Bone Density for Osteoporosis (every two years, women age 50+)



Have you been taking advantage of these preventive benefits?

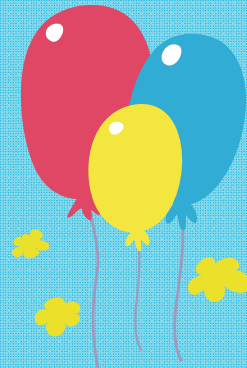
You can have your preventive radiology studies and lab work

performed right here at BRRH! Schedule your preventive screenings today! It pays to stay well!

Do you have a question for the Did you Know section? Contact Allison Grindstaff at 766-1752 or at allison.grindstaff@msj.org

Hospital Week Celebration

Since we did not get to celebrate National Hospital Week due to the Joint Commission Inspection, the celebration has been scheduled for June 22, 2011.



Employees will receive free lunch! Join us for a cook out!



Off campus and late shift employees will receive a free meal as well.

Lots of fun activities are planned for our hospital week celebration, stay tuned for more information!

Staff Challenge Quiz

1. True or False: Hands should be cleaned after taking a patient's pulse, moving the patient up in bed, or taking the patients blood pressure.
2. True or False: "A" Elements of Performance (EPs) without a Measure of Success (MOS) require at least four months of monitoring.



Challenge answers listed on page 5...

Staff Challenge Answers

1. True: Hands should be cleaned after taking a patient's pulse, moving the patient, or taking the patient's blood pressure.
2. False: An Element of Performance without a Measure of Success require that the issue or problem be fixed. They generally apply to "yes or no" situations. An example would be "You have a policy in place or you do not. You fixed the door latch or you did not."

Vital Sign Classifieds

For Sale: NEW LL Bean brand jeans and NEW LL Bean brand capris size 16. Call Velma at 828-688-4369



For Sale: A 1200sq ft. condo on Grassy Creek Golf Course. 2BR/2BA, \$135,000. Call Jessica at 828-766-7262.

Vital Signs is a monthly publication for the staff, physicians, and volunteers of Blue Ridge Regional Hospital.

This publication is produced by the Communications and Marketing Department at Blue Ridge Regional Hospital.



Any newsletter ideas? Contact Allison Grindstaff at ext. 1752 or allison.grindstaff@msj.org.

June Birthdays

Deborah McLean	June 1
April Briggs	June 1
Linda Hendricks	June 2
Donna Laws	June 4
Robin Nichols	June 4
Jolene Thomas	June 6
Lance Silver	June 6
Sherri M. Carroway	June 7
Laura Greene	June 7
Shelly D. Stafford	June 10
Melanie T. Phillips	June 11
Wendy M. Woody	June 12
Katherine M. Luvaga	June 13
Tina Burnette	June 15
Jessica Styles	June 16
Pamela McClure	June 17
Brenda Queen	June 19
Camille Gouge	June 19
Vicki Tolley	June 21
Florence Honeycutt	June 21
Linda G. Crout	June 22
Andrea H. Gentry	June 22
Candice McKinney	June 22
Amelia L. McMahan	June 24
Thomas Hauser	June 24
Loretta Runion	June 24
Melissa J. McKinney	June 26
Stella Thomas	June 26
Mary Silvers	June 27
Donna Mask	June 28
Bonnie Ledbetter	June 29
Melissa E. Smith	June 30
Samantha C. Taylor	June 30
Jasmine A. McGhee	June 30